

YUVANA
WELLNESS

PSYCHOMETRIC TESTS

USE TOOLS TO KNOW YOURSELF BETTER

IMPORTANCE OF PSYCHOMETRICS



Over the years, several researchers have created tools for the assessment of various aspects of the human mind and behaviour. Our specialised psychometricians can help you gain insight into your cognition and locate if there is any requirement for further intervention.

Psychometrics is a systematic and productive method to quantify an essential qualitative field. Developing a test specifically catering to your target audience is the most efficient way to know more about them and at the same time make them aware of their current mental health conditions. It is an accurate and appropriate measurement that is cost-effective and unbiased.

As a part of Yuvana Psychometrics, we will work in coalition with you to understand your requirements, your clientele and your field of research so that we can prepare the best possible measurement tool for you.

ADITI KULKARNI

DIRECTOR, YUVANA WELLNESS

TWO APPROACHES

Mental Health Screening

- Using pre-established tests
- Provided evaluation would be a general suggestion

Developing Your Own Test

- Completely customised to your needs
- Provided evaluation would be a specific suggestion

MENTAL HEALTH SCREENING

All-in-One evaluation

PHASE 1

3 tests per person

- Work environment satisfaction
- Emotional Intelligence
- Mood and State evaluation

PHASE 2

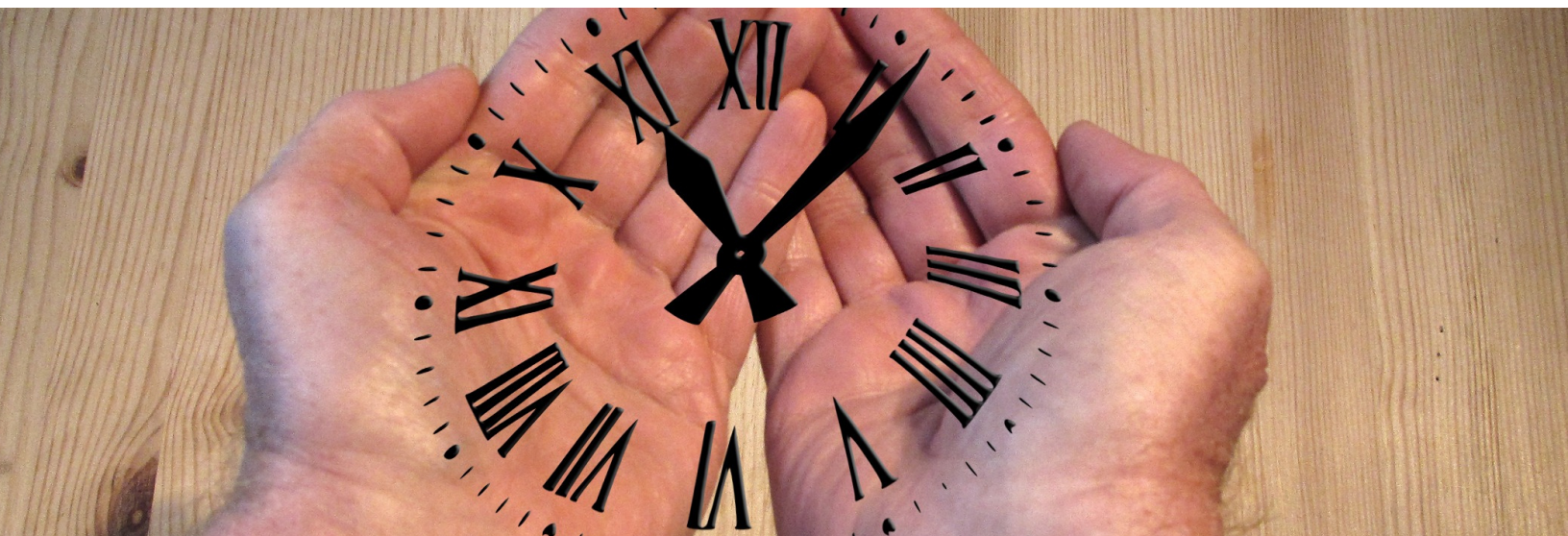
1 Psychological Evaluation

- To understand each individual better
- Make a more rounded sense of the test results

PHASE 3

Report

- Complete overview of all employees
- Suggestions for improvement and enhancement



STAGES OF TEST DEVELOPMENT

This is a rough timeline of all the steps involved

PHASE 1

Survey (1 week)
Client Interviews (2-3 weeks)
Item Pooling (4 weeks)
Analysis and Scale Establishment (3-4 weeks)

PHASE 2

Reliability and Validity Establishment (8-15 weeks)
Norms establishment (8-10 weeks)
Manual Preparation (3 weeks)

Yuvana Services

Single Session Therapy

*Is emotional distress holding you back?
Is your goal being obstructed by your
emotional hindrance?
It might be time to seek help from a
therapist.*

*Our specialised "Single Session Therapy" can
help you develop rational attitudes towards
life's most complex and challenging
circumstances by developing an action plan.*

*Contact us today and give us the opportunity
to help you become the best possible version
of yourself.*

Workshop and Seminars

*Do you want to learn about emotions, causes
of emotional disturbances, coping techniques
and basics of therapy?*

*We have a number of short
duration programmes designed just for you.
The programmes are aimed at helping you
develop skills for better mental health.*

*Through our interactive workshops, you can
learn about the basics that can prove to be
a foundation for further knowledge
attainment.*

LEARN MORE



SCAN ME



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